

Dr. Bedi's Counselling/Psychotherapy RTS Lab from the University of British Columbia in partnership with Dr. Suneet Varma from the University of Delhi present....



Dr. Suneet Varma

Professor of Psychology at the University of New Delhi

Abstract

Psychological explanations are not western inventions. There are other alternative explanations of psychological processes and these alternatives conflict with western assumptions of what is being taught as universal psychological truth in the West, as well as academic psychology in India. We know that socio-cultural factors can influence the composition of a psychology through constructs and concepts which are culturally mediated. However, Euro-American cultural values have dominated the field of psychology for so long that these limited value assumptions are being imposed on non-Western cultures where alternative assumptions apply. If culture can explain a significant part of variance in psychological dimensions, the hegemony of Euro-American psychologies can reasonably be challenged. As a consequence, much of what we consider psychological data is not universally but only relatively true. Orthodox Western psychology, as it is being taught in the universities, may be guilty of teaching relative facts as universal truth.

Confronting Coloniality in Indian Psychology and Psychology in India: A Quarterly Speakers Series

Inaugural Lecture:

Confronting Colonialist Hegemonic Ideas in Psychology in India, and Indian Psychology as a Viable Alternative

By Dr. Suneet Varma, University of Delhi

February 21st, 2023

7:30pm Indian Standard Time
[6am Pacific Time, 9am Eastern Time]

Location: Online (Zoom)

Pre-registration required. Registration limited to first 500 registrants. Please register online at

<https://ubc.zoom.us/meeting/register/u5AofuCoqDwqGddZRb51Wmt61ffEYbrUYjoE>

Funding provided by the Shastri Indo-Canadian Institute